Adolescent Symposium of Texas 2017
41st Annual

Friday, February 3, 2017
8:00 a.m. to 4:30 p.m.
Curtis Culwell Center
4999 Naaman Forest Boulevard
Garland, TX 75040

Co-Hosts and Title Sponsor
Welcome to the Adolescent Symposium of Texas! We are so glad you could join us today. The Adolescent Symposium is organized by Mental Health America of Greater Dallas and the Adolescent Symposium of Texas planning committee.

Today you will hear from local and national experts on a wide range of topics. Our goal is to help you care for your clients better and learn about other resources in this community.

At Mental Health America of Greater Dallas our mission is to improve the mental health of our community through advocacy and education. If you would like to join our efforts, visit our booth in the conference area. While there, you can sign up to volunteer with one of our programs or pre-register your spot as a sponsor or exhibitor for the 2018 symposium.

Again, thank you for joining us at the 2017 Adolescent Symposium of Texas.

Matt Roberts
President, Mental Health America of Greater Dallas

Contact us if you would like to know more about any of our programs:

**WHO (We Help Ourselves)**
- A guidance curriculum for Pre K-12
- Reduces fighting in schools
- Reduces in-school suspensions
- Counselor training and materials provided
- Last year over 150,000 children participated in the WHO program

**Wellness Education**
- Mental Health First Aid
- Youth Mental Health First Aid
- Stress reduction for employees and teachers.
- Resiliency education for employees and teachers
- Strategies to achieve a relaxed body and a relaxed mind.
- Mental Health and Aging education

**Public Policy**
- We help the community have a common voice on mental health policy
- We provide policy makers with a trusted resource on regional mental health needs
- We work to improve boarding home quality and supervision in North Texas
- Referrals to no-cost counseling for people affected by the July shootings.

To learn more contact MHA Dallas at 214-871-2420 or visit www.mhadallas.org • 624 N. Good Latimer, Suite 200, Dallas, TX 75204
SCHEDULE FOR THE DAY: FRIDAY, FEBRUARY 3, 2017

7:45 a.m. - 4:00 p.m. EXHIBITS OPEN

7:45 a.m. - 8:30 a.m. Check-in and On-Site Registration

8:30 a.m. - 10:00 a.m. MORNING PLENARY SESSION
Aric Bostick, GET FIRED UP!
“Simple Strategies the Everyday Hero Can Take to Keep Their Fire Alive!”

10:00 a.m. - 10:15 a.m. Morning Break – Arena

10:15 a.m. - 11:45 a.m. MORNING WORKSHOPS – SESSION 1

11:45 a.m. - 1:00 p.m. Lunch Break (Served in the arena area)

1:00 p.m. - 2:30 p.m. AFTERNOON WORKSHOPS – SESSION 2

2:30 p.m. - 2:45 p.m. Afternoon Break – Conference Center

2:45 p.m. - 4:15 p.m. AFTERNOON WORKSHOPS – SESSION 3
## Adolescent Symposium Morning Workshops

**FRIDAY, FEBRUARY 3, 2017 | SESSION 1: 10:15 – 11:45 a.m.**

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<tr>
<td><strong>1</strong> KEYNOTE WORKSHOP: Conscious Leadership: Engaging, Energizing and Empowering Everyone You Serve!</td>
<td>Aric Bostick &lt;br&gt; aricbostick.com</td>
<td>Lecture Hall</td>
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<tr>
<td><strong>2</strong> Making Informed Choices: Psychotropic Medication with Children and Youth</td>
<td>Gary Henschen, MD, LFAPA, Chief Medical Officer Pat Hunt, Director, Child and Family Resiliency &lt;br&gt; Magellan Healthcare</td>
<td>Ballroom A</td>
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<tr>
<td><strong>3</strong> Active Duty And Veteran Families: Demystifying the Impact of Military Service On Adolescents</td>
<td>Janet Cohen Centola, LCSW-S Diplomate Caitlin Schraufnagel, PhD, Licensed Psychologist Steven A. Cohen Military Family Clinic at Metrocare</td>
<td>Ballroom B</td>
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<td><strong>4</strong> ADHD, Learning Disorders, and Preparing Your Adolescent for College</td>
<td>Laura Minze, PhD, Clinical Psychologist &lt;br&gt; Dallas CBT</td>
<td>Ballroom C</td>
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<td><strong>5</strong> Caring for Adolescent Mental Health Needs in the Context of Community</td>
<td>Carrie Davidson, PsyD, Licensed Psychologist, Clinical Director Nathaniel Stengle, PsyD, Staff Clinician - Therapy &amp; Assessments Pastoral Counseling Center</td>
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<td><strong>6</strong> Understanding the Impact of Trauma Triggers on Youth and How We Can Help</td>
<td>Araceli Salcedo, MA, NCC, LPC-S, Senior Trainer Richard Capodagli, MEd, LPC-S, Senior Trainer Cenpatico-Texas Foster Care</td>
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<td><strong>7</strong> The Avoidance Trap: Anxiety and Avoidance, A Vicious Cycle</td>
<td>Grant Holland, PhD, Clinical Psychologist Katie Croft-Caderao, PhD, Clinical Psychologist &lt;br&gt; Dallas CBT</td>
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<td><strong>8</strong> The Social Experience: Using Virtual Learning Environments to Boost Communication, Cognition and Confidence</td>
<td>Maria Johnson, MA, CCC-SLP, Head of Virtual Reality Training Programs in Social Cognition UT Dallas Center for Brain Health Amanda Russo, MS, LPC-Intern supervised by Kem Edwards, LPC-S, Director of Counseling for Mesquite ISD</td>
<td>Meeting Room 1</td>
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<tr>
<td><strong>9</strong> The Elephant in the Room: Pornography and Adolescents</td>
<td>Tomi Grover, PhD &lt;br&gt; Consultant, TomiGrover.com</td>
<td>Meeting Room 2</td>
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<tr>
<td><strong>10</strong> Heavily Meditated: Yoga Therapy with Teens</td>
<td>Katie Davidson, LCDC, LPA, Client Advocate and Therapist Innovation360</td>
<td>Hospitality Suite 1 Upper Level</td>
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<td><strong>11</strong> 446 Too Many: A Community Approach to Ending the Epidemic of Youth Suicide</td>
<td>Vanita Halliburton, President &lt;br&gt; Grant Halliburton Foundation</td>
<td>Hospitality Suite 2 Upper Level</td>
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*The opinions and points of view expressed by faculty members of the symposium do not necessarily reflect that of MHA of Greater Dallas, the Sponsors or Planning Committee.*
# Adolescent Symposium Afternoon Workshops

**FRIDAY, FEBRUARY 3, 2017 | SESSION 2: 1:00 – 2:30 p.m.**

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<td>A Trauma -Informed Approach to Sexual Health in Multiple Settings</td>
<td>Courtney Peters, MPH, Project Director Terry Greenberg, JD, Chief Executive Officer North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)</td>
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<td>13</td>
<td>Eating Disorders in the ‘Modern Family’ Era: Promoting Recovery with an Expanded Circle of Support</td>
<td>Jessica Setnick, MS, RD, CEDRD Understandingnutrition.com</td>
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<tr>
<td>14</td>
<td>Supporting Chronically Ill Adolescents</td>
<td>Kathryn Davitt, OTR, CCLS Janis Smith, BS, CCLS, Child Life Manager Cook Children’s Medical Center</td>
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<td>Haleh Cochran, BA, Victim Advocate Tonia Cunningham, MA, Victim Assistance and Grant Compliance Frisco Police Department</td>
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<td>Being Proactive in Our Own Self-Care</td>
<td>Leticia Sullivan, LCSW-S, Bilingual Clinical Consultant, Family Therapist and Trainer Amelia Baladez, BA, Early Childhood Educator Momentous Institute</td>
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<td>Adolescent Loss and Grief: Context, Content and Creativity</td>
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<td>21</td>
<td>Hot Topics in Ethics (Part 1)</td>
<td>Cheryl Rayl, LPC-S, MAC Grace Counseling Center</td>
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# Adolescent Symposium Afternoon Workshops

**FRIDAY, FEBRUARY 3, 2017 | SESSION 3: 2:45 – 4:15 p.m.**

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<td>Synthetic Drugs: Basic Effects and Implications for the Adolescent Brain</td>
<td>Lecture Hall</td>
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<td>Ashley Haynes, MD&lt;br&gt;UT Southwestern Medical Center&lt;br&gt;Malini Ghoshal, RPH, MS, Pharmacist&lt;br&gt;Inspirra Healthcare Inc.</td>
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<td>23</td>
<td>Gender, Sexual, and Romantic Minority Adolescents &amp; Suicide Risk</td>
<td>Ballroom A</td>
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<td>Peter Thomas, PhD, Psychologist&lt;br&gt;The Holiner Psychiatric Group</td>
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<td>The Journey to Safety: Immigration and Social Services for Immigrant Children</td>
<td>Ballroom B</td>
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<td>Marcela Evans, JD, Immigrant Children’s Project&lt;br&gt;Zainab Ellis, Social Services Director&lt;br&gt;Human Rights Initiative of North Texas</td>
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<td>25</td>
<td>Swiping, Sexting, and Snapchatting: Adolescent Relationships in the Digital Age</td>
<td>Ballroom C</td>
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<td>Shawn Chrisman, LPC, PhD, Therapist&lt;br&gt;Insights Therapy Group&lt;br&gt;Priya Singhvi, LPC, LMFT, School Counselor&lt;br&gt;Meaningful Minds Therapy</td>
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<td>Osiris Wade, LPC-S, Psychotherapist&lt;br&gt;Wade Counseling of Frisco</td>
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<td>Cheryl Hamilton, LPC, Executive Director&lt;br&gt;Mechell Guy, LPC, Executive Director&lt;br&gt;Hamilton-Guy Counseling &amp; Training</td>
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<td>Tyler Wooten, MD, Psychiatrist&lt;br&gt;Eating Recovery Center, Dallas</td>
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<td>Cheryl Rayl, LPC-S, MAC&lt;br&gt;Grace Counseling Center</td>
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KEYNOTE. GET FIRED UP! “Simple Strategies the Everyday Hero Can Take to Keep Their Fire Alive!”
Aric Bostick
Being in the behavioral health field and working with young people is one of the most rewarding occupations in the world; however, it is also one of the most challenging, underappreciated, and exhausting jobs one can possibly take on. If you have ever lost your focus, lost your passion or simply felt burned out by the enormous task of being all things to all people, then this keynote will be just what the doctor ordered. Get ready to be rejuvenated, refocused and fired up to make a difference once again!

Biography:
Aric Bostick is a former high school teacher and coach who started an after-school program called The Goal Setters Club. The success of his club was featured on local news and morning shows and catapulted him into speaking to schools across the country. He has now spoken to nearly half million students, teachers and parents over the last 16 years. He has presented at universities, at public, private, charter and alternative schools in urban inner cities and rural areas, and in juvenile detention centers from New York to California. He has also spoken at national and state education conferences in the U.S. and the Bahamas, to students from over 60 countries through the People to People Ambassador Program, and to students at Harvard, Stanford, Johns Hopkins, George Washington and UCLA. His FIRED UP message is transforming the climate of schools across the country and his best-selling book FIRED UP Success is changing the culture of every organization that buys into the idea that they can truly get, be and stay FIRED UP for life, for their students, and for all those they serve. For more about Aric Bostick please go to: www.aricbostick.com
4. ADHD, Learning Disorders, and Preparing Your Adolescent for College
Laura Minze, PhD, Clinical Psychologist
*Dallas CBT*
Preparing for college includes unique challenges for adolescents with learning disorders or attention deficit hyperactivity disorder. These challenges can include obtaining academic accommodations, understanding how learning or attentional deficits may affect learning within the college environment, and developing strategies for academic success. In this workshop, Dr. Minze will discuss recommendations and resources to help adolescents with college preparation.

5. Caring for Adolescent Mental Health Needs in the Context of Community
Carrie Davidson, PsyD, Licensed Psychologist, Clinical Director
Nathaniel Strenger, PsyD, Staff Clinician - Therapy & Assessments
*Pastoral Counseling Center*
This session will help participants gain understanding of adolescent mental health in the community. When adolescents experience mental health challenges, their support network needs to be equipped to respond. Drs. Davidson and Strenger will provide tools for prevention and intervention that consider teenagers’ social, family, spiritual, and academic lives.

6. Understanding the Impact of Trauma Triggers on Youth and How We Can Help
Araceli Salcedo, MA, NCC, LPC-S, Senior Trainer
Richard Capodagli, MEd, LPC-S, Senior Trainer
*Cenpatico-Texas Foster Care*
Youth who experience trauma and adverse childhood events might not recall the incident, but still may experience trauma triggers which can be identified. Professionals working with youth who have experienced trauma need to know the effects of triggers and techniques to help youth cope.

7. The Avoidance Trap: Anxiety and Avoidance, A Vicious Cycle
Grant Holland, PhD, Clinical Psychologist
Katie Croft-Caderao, PhD, Clinical Psychologist
*Dallas CBT*
Anxiety and related disorders affect approximately 25% of adolescents each year. Although general talk therapy may be effective for many of the concerns our youth face, specialized treatment is required for most anxiety disorders. This talk seeks to educate attendees in identifying these disorders and understanding how evidence-based treatment works.

8. The Social Experience: Using Virtual Learning Environments to Boost Communication, Cognition and Confidence
Maria Johnson, MA, CCC-SLP, Head of Virtual Reality Training Programs in Social Cognition
*UT Dallas Center for Brain Health*
Amanda Russo, MS, LPC-Intern supervised by Kem Edwards, LPC-S, Director of Counseling for Mesquite ISD
Come experience our virtual world that allows clinicians to engage, empower, and enhance clients’ social learning. Explore innovative strategies and advanced social cognitive coaching techniques to better understand the capabilities of the social mind. Revamp your clinical edge by incorporating research-based tools and technology into your practice.

9. The Elephant in the Room: Pornography and Adolescents
Tomi Grover, PhD, Consultant
*TomiGrover.com*
Pornography is a pandemic public health issue; we can and must identify the elephant in the room. Parents and those who work with youth must be equipped for resistance and resilience. This workshop will contain real, raw information and offers real solutions and action steps in a public health framework.

10. Heavily Meditated: Yoga Therapy with Teens
Katie Davidson, LCDC, LPA, Client Advocate and Therapist
*Innovation360*
The workshop is designed to introduce yoga when working with clients who struggle with anxiety. In particular, when exploring alternative therapeutic interventions for complicated or difficult-to-treat clients, experiential activities such as yoga therapy have been shown to facilitate additional progress and generate new awareness and insights.

11. 446 Too Many: A Community Approach to Ending the Epidemic of Youth Suicide
Vanita Halliburton, President
*Grant Halliburton Foundation*
In 2013, there were 446 suicides among Texas youth ages 10-24. How can we change this statistic and what is your role? In this session, we will explore the scope of the problem, identify the unique roles in a community-wide prevention strategy, and teach you to recognize and respond to suicidal adolescents.
12. A Trauma-Informed Approach to Sexual Health in Multiple Settings
   Courtney Peters, MPH, Project Director
   Terry Greenberg, JD, Chief Executive Officer
   North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)

Members of the NTARUPT team will introduce participants to trauma-informed sexuality education and its importance to effective programming. Participants will receive information on trauma in the context of sexual health, strategies for integrating a trauma-informed approach into curricula, and applying this approach in multiple settings.

   Jessica Setnick, MS, RD, CEDRD
   Understandingnutrition.com

Recovery for persons with eating disorders is substantially improved with the support of their families and ‘families of choice’, including romantic partners, roommates, step-families, foster parents, co-workers, sponsors, peers, and others. This presentation will discuss how to engage the key players in each patient’s larger community and enlist them in supporting recovery, even when they are not physically present.

14. Supporting Chronically Ill Adolescents
   Kathryn Davitt, OTR, CCLS
   Janis Smith, BS, CCLS, Child Life Manager
   Cook Children’s Medical Center

In this session, we will educate participants on the unique developmental and psychosocial needs of adolescents living with chronic conditions. An overview of the hospital experience and a review of resources available to these teens within the medical setting. This session will include discussion and case studies.

15. Language Matters: From Reporting to Healing
   Haleh Cochran, BA, Victim Advocate
   Tonia Cunningham, MA, Victim Assistance and Grant Compliance
   Frisco Police Department

The language that professionals use can either reinforce negative beliefs or serve as a catalyst to empower victims. For this workshop, we will focus on being intentional about the language we use when working with survivors. Join as we explore different vocabulary that can be helpful in healing and assists professionals in holding offenders accountable.

16. Being Proactive in Our Own Self-Care
   Leticia Sullivan, LCSW-S, Bilingual Clinical Consultant, Family Therapist and Trainer
   Amelia Baladez, BA, Early Childhood Educator
   Momentous Institute

In this session, we will take a neuroplasticity perspective that will demonstrate the influence of stress on the body and the process of vicarious traumatization. Workshop participants will administer an individualized self-care needs assessment and design a self-care plan with strategies.

17. Adolescent Loss and Grief: Context, Content and Creativity
   Mark Hundley, LPC-S, Counselor, Plano High School
   Vanessa Moore-Hundley, LPC-S, Therapist/Consultant
   McKinney Counseling Services

In this unique interactive workshop, participants will discover the power that words possess in opening the door for healthy grief reconciliation in adolescents. Participants will experience how focused, purposeful movement facilitates healing for adolescents. We will also explore the role the expressive arts play in tapping essential personal resiliencies.

18. Puppies, YouTube and Other Creative Strategies to Engage Teens in Individual or Group Therapy
   Susan Istre, PhD, LPC-S, BCPC, Director
   Jennifer Storm-Dvorak, LPC
   Center for Social Success

Teens can be tough to please, secretive, and resistant to influence unless they feel a therapist is knowledgeable of their world, relatable, and can speak their language. This workshop will examine creative strategies such as animal assisted therapy, biofeedback, Apple TV, and YouTube as great ways to enhance your therapy “toolbox”.

19. Overcoming Emotional Psychological Incarceration
   Dr. William Clay, EdD, National Speaker
   Rhyming to Respect L.L.C.

The social, emotional and academic difficulties facing students of color is thought-provoking. This innovative workshop will examine the social and emotional issues facing youth. The audience will sample a variety of communication strategies and character-building techniques. Participants will leave with spectrum of strategies to break the chains of bondage.
20. Assessing and Responding to Adolescent Non-suicidal Self-Injury
Nicholas Westers, PsyD, Psychologist
Children’s Health, Children’s Medical Center Dallas
This workshop will discuss the latest research investigating DSM-5 criteria for the proposed Nonsuicidal Self-Injury (NSSI) disorder. Primary focus will be on conducting NSSI risk assessments, including specific questions to ask about NSSI, why to ask these questions, and how to ask them. Strategies to address NSSI will be offered.

21. Hot Topics in Ethics Part 1 of 2
Workshop must be taken in conjunction with Part 2 at 2:45 p.m.
(Workshop #31)
Cheryl Rayl, LPC-S, MAC
Grace Counseling Center
Participants will consider real-life situations reported to various psychology licensing boards with identifying information removed. Many of the scenarios have conflicting ethical concerns or ‘gray’ ethical areas. The outcome of each scenario will be shared following the class discussion.

22. Synthetic Drugs: Basic Effects and Implications for the Adolescent Brain
Ashley Haynes, MD
UT Southwestern Medical Center
Malini Ghoshal, RPH, MS, Pharmacist
Inspirra Healthcare Inc.
In this workshop, we will educate attendees regarding the current trends in designer drug abuse, the toxic effects of the drugs, their influence on adolescents and important resources to learn more about designer drugs.

23. Gender, Sexual, and Romantic Minority Adolescents & Suicide Risk
Peter Thomas, PhD, Psychologist
The Holiner Psychiatric Group
Dr. Thomas will provide a look at suicide trends among LGBT adolescents and the unique factors related to this group. Using both lecture and experiential learning, this presentation will explore recent trends in suicide in the US, growing up LGBT in America, the impact of heterosexual privilege, and addressing their unique concerns in therapy.

24. The Journey to Safety: Immigration and Social Services for Immigrant Children
Marcela Evans, JD, Immigrant Children’s Project
Zainab Ellis, Social Services Director
Human Rights Initiative of North Texas
Hear an overview of services offered for adolescents by Human Rights Initiative of North Texas including free legal and social services to immigrant survivors of human rights abuses. Case examples showing the benefit of these services for young immigrant trauma survivors will be discussed.

Shawn Chrisman, LPC, PhD, Therapist
Insights Therapy Group
Priya Singhvi, LPC, LMFT, School Counselor
Meaningful Minds Therapy
Adolescents are heavily influenced by social media and rapidly evolving technology. This workshop is intended to educate and equip stakeholders to help teens navigate relationships in a digital age. Participants will identify current trends, understand the effects of social media on relationships and develop effective interventions to promote healthy interactions.
26. Questions I Asked To Open a Son’s Wounded Heart
Osiris Wade, LPC-S, Psychotherapist
Wade Counseling of Frisco

Often when young men are hurting, they shut down or shut out those who love them. This session will offer suggestions for those wishing to form deeper connections with the young men in their lives. Participants will explore how to use engaging questions, vulnerability, and an open heart to connect with the young man who has shut down or has a limited emotional vocabulary.

27. Signs of the Times: Normal vs. Abnormal Behaviors
Cheryl Hamilton, LPC, Executive Director
Mechell Guy, LPC, Executive Director
Hamilton-Guy Counseling & Training

In this workshop, we will help professionals to understand normal childhood and adolescent behavior, recognize and identify abnormal childhood behaviors and conduct disorders. Participants will learn how to promote awareness and early intervention, and how to teach parents to identify signs of serious emotional disturbance. Resources for professionals and parents will be provided.

28. Teen Speak or Self-Limiting Behavior:
The Truth About What Girls Say
Orie Achonwa, DrPH, MPH, CHES, Health Care Consultant
Her Health Associates

Girls’ social-emotional development may appear to be on track, however, their speech habits can provide evidence to the contrary. Since these crutches are ubiquitous in pop culture and teen speech, we often don’t recognize them as self-limiting behaviors. Together, we’ll examine the common self-limiting phrases and methods for redirecting girls’ communication skills and behavior.

29. The Developing Mind of the Male Eating Disorder
Tyler Wooten, MD, Psychiatrist
Eating Recovery Center, Dallas

Using the works of C.G. Jung and Joseph Campbell, I will explain how current sociocultural paradigm is leading males into eating disorders. My hope is to raise awareness of eating disorders in males by opening a dialogue between young men and their fathers. Participants will be able to identify eating disorders in males, recognize the role of sexuality in eating disorders in males, and understand the correlation between the absence of the father figure and eating disorders in males.

30. Foo Fighting!
Beth Foster, LPC, LCDC, MAC, Owner
Private Practice

This is an interactive presentation of family-of-origin difficulties for clients and professionals to be explored in therapeutic settings. Attendees will identify how family-of-origin affects therapy for the client and the professional, and will learn new skills for assisting clients to move toward changing intergenerational patterns.

31. Hot Topics in Ethics Part 2 of 2
Workshop must be taken in conjunction with Part 1 at 1:00 p.m.
(Workshop #21)
Cheryl Rayl, LPC-S, MAC
Grace Counseling Center

Participants will consider real-life situations reported to various psychology licensing boards with identifying information removed. Many of the scenarios have conflicting ethical concerns or ‘gray’ ethical areas. The outcome of each scenario will be shared following the class discussion.
The Adolescent Symposium of Texas 2017 Planning Committee is very grateful to Medical City Green Oaks Hospital for printing all promotional materials for the Adolescent Symposium of Texas 2017.
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Sundance Hospital Dallas

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Sundown Ranch, Inc.
Superior Health Plan
Texas NeuroRehab Center
Winfree Academy Charter Schools
Dr. Susie Wolbe Educational Services

All listings current at time of printing. For a full list of sponsors, please visit our web page.
## Adolescent Symposium Planning Committee

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<tr>
<td>Sylvia Orozco-Joseph</td>
<td>Staff</td>
<td>Mental Health America of Greater Dallas</td>
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<td>Beth Carpenter, LMFT-S, LPC-S, CEDS</td>
<td></td>
<td>Children's Health</td>
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<tr>
<td>*Michele Cermak, MSSW, LCSW</td>
<td>Committee Coordinator</td>
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<tr>
<td>Christina Coultas, MSW</td>
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<tr>
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<td>Summer Estes, MS, LPC, NCC</td>
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<td>Nancy Fite</td>
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<td>*Jennifer Garst, MSW</td>
<td>Workshop Chair</td>
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<td>Chris Goetz</td>
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<td>Acadia Health Care/Sierra Tucson</td>
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<tr>
<td>Valerie Lara Lengel</td>
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<td>Debra Mitchell-Ibe, LMSW</td>
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<td>DeShandra O’Neal</td>
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<td>Rebeca Ramos</td>
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<td>Mental Health America of Greater Dallas</td>
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<td>*Cheryl Rayl, MS, LPC-S, MAC</td>
<td>Sponsor Chair</td>
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<td>Barb Reynolds</td>
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<td>Sierra Sanchez, MSSW</td>
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<td>Keri Stitt, MA, LPC-S</td>
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<td>*Sheila Sudderth, MSSW, LMSW</td>
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<td>Julie Timms</td>
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<td>Megan Valdez</td>
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<td>Veronica Whitehead, MEd, CHES</td>
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<td>North Texas Alliance to Reduce Unintended Pregnancy in Teens</td>
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<tr>
<td>Ashley Wiederkehr, LMSW, ACPS</td>
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<td>Rainbow Days</td>
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